



# Food For Thought



RP Adler's Pub & Grill E-Times

March 2010

## *In The Pub & On The Grill*

One more month and all the sounds of spring will be here; the crack of the baseball bat and the splash of my golf ball hitting the water. For now we get to look forward to March Madness and St. Patty's Day. Be sure to join us in the pub to toast a Guinness on March 17 and for all the basketball games as the Badgers try to make a run to the Final Four.

On March 1, new RP Adler's features and menu will be hot off the presses. The look of the menu has not changed, but Chef Jim has freshened it up with a couple of new items. Unfortunately, this also means a couple of items had to be removed. Please give us your feedback on the new menu offerings.

The spring features will see the return of a couple of old favorites starting with Prince Edward Island mussels and grilled swordfish. However, not to be out done by Chef Jim's new creations featuring ricotta ravioli from RP's Pasta Factory and the meat lovers char broiled 16 oz. bone-in-ribeye.

Enjoy and have a good winter thaw.

When you're green you're growing, and when you're ripe you start to rot.

—Ray Kroc

## **RP'S RANT**

**I have a question for all who visit us here at Adler's. What kind of place do you think we are? A Pub & Grill like our name suggests? Or would you say a Restaurant and Pub? Is there a difference? I'm asking these questions because it has come up in recent discussions with staff, guests, and other people outside the normal reach of RP Adler's. When we opened, we wanted to have great food and courteous, quality staff. For the most part, our first goal has never wavered. When you think Pub & Grill, do you think food first? I guess I don't. What I'm trying to say is I want your input on what you think of our concept and if the name truly fits the atmosphere. Remember, there are no wrong answers. So if you have some time and you want to comment on this month's Rant, please fill out a comment card and leave it with your server. The worst thing that could happen is you might win a \$15.00 gift card here. RP**

Enjoy when you can, and endure when you must.

—Johann Wolfgang von Goethe

## Hershey's Kisses

- Hershey's Kisses, first made in 1907, are so named
- because the machine that makes them sounds as if
- it's kissing the conveyor belt. The small chocolates
- contain 25 calories \_ roughly the same amount that is
- supposedly spent in a one-minute romantic kiss. The
- company can make 33 million of these candies a day.

## St. Patrick: the Myth and the Man...

For Some, St. Patrick's Day (March 17) is a reason to wear green, go to the parade, and drink more Irish whiskey than usual.

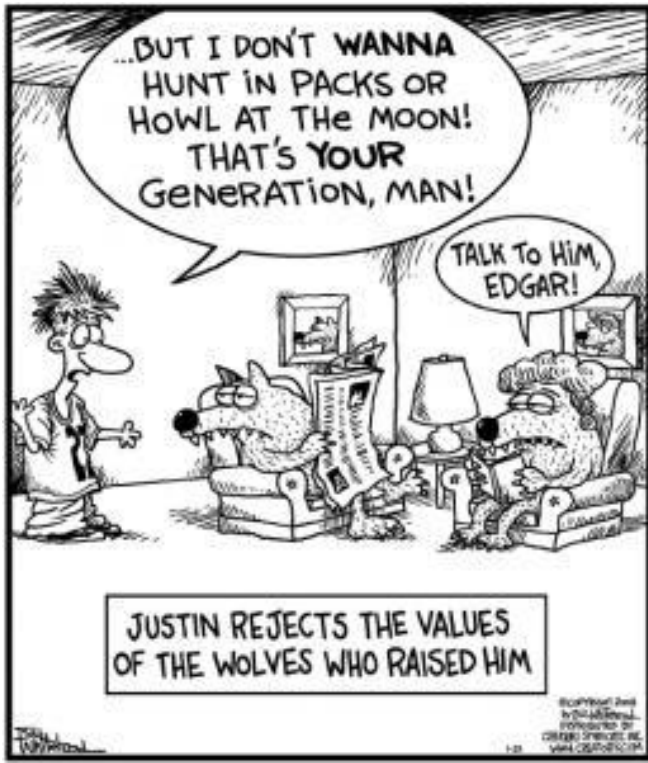
### But just who was this St. Patrick fellow?

The most common belief is that he drove the snakes out of Ireland. Ireland probably never had snakes though and the myth may refer to Patrick's efforts to stamp out the serpent imagery used by the Druids. He also may have used the three-leafed shamrock to illustrate the concept of the Holy Trinity to the people he was trying to convert to Christianity as a missionary in Ireland during the fifth century. Historians agree that Patrick was born in Roman-occupied Britain, the son of a Christian deacon. At age 16 he was captured and taken to Ireland, where he was a slave for six years. During this time, his Christian faith strengthened, and one day heard a voice (according to a letter he wrote about his early life) promising he would soon return home. Shortly afterward he escaped, found his way to a ship, and went back to his family. An angel appeared to him in a dream, he later wrote, telling him to return to Ireland as a missionary. After a long period of religious training, Patrick went back to the land where he had been a slave to convert the Irish and to minister to those Christians living there. March 17 is believed to be the date of his death. Although never formally canonized, Patrick came to be considered a saint and March 17 was celebrated as a religious holiday until 1903, when it became a public holiday in Ireland by an act of the British Parliament.

## History of the High Five

If March Madness has you in the mood to high five someone, consider these numerous – and somewhat dubious – explanations of the gesture’s origins:

- In a November 1955 episode of The Phil Silvers Show, Silver’s character, Master Sergeant Ernie Bilko, high fives Private Duane Doberman.
- In 1966, Dean Martin and Louis Armstrong performed a duet on the Dean Martin Show and slapped hands.
- The University of Virginia, which has held a National High Five Day since 2002, says Lamont Sleets, a basketball player for Murray State University in Kentucky, invented the high five. While serving in the Vietnam, Sleets belonged to the 5th Infantry regiment. Upon returning home, he greeted his Army friends by extending his arm in the air and saying the number of their division, “five.”
- A bathroom attendant in a Ritz Hotel in California during the early 1970s got sick of patrons wanting to shake hands. One day in disgust, he started slapping their hands away. To his surprise, they responded by happily slapping back.
- In 1977, baseball players Dusty Baker and Glenn Burke, both with the Los Angeles Dodgers, enjoyed a high five after Baker scored a run during a National League pennant game. Both men claim this was the first high five in baseball and that they invented the gesture.
- Cultural anthropologists speculate that the high five evolved from the practice of slapping hands with someone else while saying “gimme five!” (Referring to five fingers) or “gimme some skin!” Some credit Derek Smith, a former Louisville Cardinal Basketball player, with first using the term “high five.” The Oxford English Dictionary officially allowed “high five” into the language as a noun in 1980 and as a verb “to high five” in 1981.



## March Calendar of Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Share a Smile Day 	2 Dr. Seuss's Birthday	3 National Anthem Day	4	5	6 Dentist's Day
7	8	9 Employee's Appreciation Day	10	11 Johnny Appleseed Day 	12 Girl Scout Day	13
14 Daylight Saving Time Begins	15	16	17 St. Patrick's Day 	18 "March Madness Starts!"	19	20 First Day of Spring 
21	22	23	24	25 National Waffle Day 	26 RP'S Wife 40 <sup>th</sup> B-Day! Don't let me forget!	27
28 Palm Sunday	29	30 Doctor's Day 	31			