



# Food For Thought



RP Adler's Pub & Grill E-Times

February 2010

## *In The Pub & On The Grill*

Gentlemen, don't delay on making your Valentine's Day reservations, they fill up fast. We will be celebrating Valentine's Day on Saturday, February 13.

Chef Jim has prepared an exquisite dinner for you and that special someone.

Besides love, February marks the changing of the seasonal beers. You will notice that the beer takes on a warm pale bock style to help endure the cold of the last couple of months of winter. These beers pair well with Chef Jim's Walleye and Cedar Plank Salmon entrées.

"Gravitation cannot be held responsible for people falling in love." -*Albert Einstein*

## *Randy's Rant*

It's that time of year again. Madison Magazine is coming out with its "Best of Madison" awards. I ask myself, who votes on this stuff? I was recently in a marketing seminar where the members exchanged emails, over 500 of them, so when it was that time, each member would mass email all the other members and ask them to vote. I remember voting for some restaurant in Clark County California. I had never been there, I had never seen the restaurant or even more, tasted any item on their menu, but I still could cast my vote. All I know is that each and every comment card that is filled out is my award. Good or bad, they all tell me a story on your visit here and what we can improve on or what you, the people actually dining with us, think of our restaurant.

That's all that really matters, isn't it? RP

## *RP's Pre-Valentine's Day Dinner, Saturday, February 13*

### *Soup or Salad*

Choice of house salad, Caesar salad, or Roast Tomato and Garlic Soup with Basil Infused Sour Cream Garnish

### *Choice of Entrée*

Tarragon and Dijon Mustard Slow Roasted New York Strip Loin with a Red Wine Brandy Reduction Smothered in Sautéed Mushrooms and Sweet Onions

Grilled Cold Water Jumbo Shrimp with a Raspberry BBQ Sauce

Accompanied by Sautéed Green Beans and Roasted Garlic Smashed Potatoes

### *Dessert*

Cupid's Chocolate Brownie Sundae with Fresh Strawberries-Made for Two

\$25 Person/\$45 Couple



## A Romantic History of Love's Patron Saint

Love is in the air on Feb. 14, but why? It may have something to do with the 1 billion Valentine's Day cards that are sent every year to express love and good wishes (according to the U.S. Greeting Card Association).

Although today "Valentine" is synonymous with love, several early Christian martyrs shared the name. The Valentine most closely associated with today's holiday was a priest who lived in Rome in the 3rd century. The Emperor Claudius II had outlawed marriage, under the theory that married men didn't make fierce soldiers. When Valentine continued to perform weddings, Claudius had him put to death.

In another version of the story, Valentine attempted to convert Claudius to Christianity while in prison and was executed. In other tales, Valentine healed his jailer's blind daughter, and the two fell in love. According to legend, Valentine's final letter to her was signed, "From your Valentine."

Valentine's Day began to take off in the late 18th century, when a British publisher brought out a book called *The Young Man's Valentine Writer*, full of sentimental poems for lovers unable to compose their own romantic messages.

Better printing technology and lower postal rates combined to make holiday cards more convenient. The first line of Valentine's Day cards, on embossed paper, was launched in 1847 by Esther Howland, whose father owned a book and stationery store in Worcester, Mass.

Valentine's Day is celebrated in many countries around the world, including the United States, Canada, Mexico, the United Kingdom, France, and Australia.

**Join Our Royalty Rewards Program and Save Every Time You Dine With US!**



## Setting the Table for Romance

Cutco Cutlery offers this menu of romantic foods to make for your loved one on Valentine's Day:

**Breakfast** ~ fresh squeezed ruby-red orange or grapefruit juice; heart-shaped pancakes or French toast spread with honey butter.

**Lunch** ~ a salad with hearts of palm, artichoke hearts, and sliced tomatoes.













**Dinner** ~ Cheese fondue appetizer, followed by baked Oysters Rockefeller. For dessert, opt for chocolates or a passion fruit confection like vanilla ice cream topped with scoops of passion fruit or passion fruit cheesecake.

"Remember that red is the color of the day," Cutco says. "Add succulent strawberries and sweet pomegranates to your meals for extra color and flavor."

The true test of intelligence is not how much we know how to do, but how we behave when we don't know what to do.

— John Holt

## February Calendar of Events

| Sunday  | Monday  | Tuesday  | Wednesday   | Thursday   | Friday  | Saturday   |
|---|---|--|---|--|---|--|
|   | 1   | 2<br>Ground Hog Day<br> | 3   | 4 Thank a Mailman Day<br> | 5   | 6  |
| 7<br>Send a Card to a Friend day<br> | 8   | 9  | 10<br>Umbrella Day<br>               | 11   | 12<br>Plum Pudding Day<br> | 13<br>Valentine's Day at RP Adler's<br> |
| 14<br>Happy Birthday Tricia   | 15<br>Presidents Day<br>               | 16   | 17  | 18   | 19  | 20<br>National Cherry Pie Day<br>       |
| 21  | 22<br>George Washington's Birthday<br> | 23   | 24<br>National Tortilla Chip Day<br> | 25   | 26  | 27<br>No Brainer Day<br>                |
| 28<br>National Tooth Fairy Day<br>   |   |  |   |  |   |  |